Doctor's Instructions

Name & age of patient Lexi 32

Summary Card

Past Medical History: Type 2 diabetes mellitus Eczema

DH: Metformin 1g ads, pioglitazone 15mg od Nexplanon for contraception. Zeroderm ointment.

Zerobase cream.

Allergies: penicillin

Never smoker

Alcohol: 2 units per week

Case Notes - Last few entries in records: Gained weight and hba1c above target. Add pioglitazone.